



Allergy	Colorado Allergy & Asthma Center Phone: 303-632-3694	Neurology	Neurology Center of CO Simon Oh, MD Phone: 720-248-5200 Neurology of the Rockies 303-840-5051 Blue Sky Neurology Phone: 303-781-4485 Rocky Mountain Pediatric Neurology Phone: 303-226-7230 (Concussion Clinic: 720-979-0840)
Bariatrics	Mathew Metz, MD Phone: 720-851-1610 bariatricspa.com Bariatric & Metabolic Center of Colorado Phone: 303-269-4370	Neuro-Surgery	Bradley Duhon, MD Phone: 303-790-1800 Neurosurgery One Wissam Asfahani, MD Phone: 720-638-7500 Colorado Brain & Spine Institute (CBSI) Phone: 303-783-8844
Cardiology	Aurora Denver Cardiology Phone 303-341-5751	Oculo-plastics	Jeffrey Popham, MD Phone: 303-468-8844
Cardio-Thoracic	Cardiothoracic and Vascular Surgery Associates Phone: 303-226-4650	Ophthalmology	Colorado Cataract & Laser Phone: 303-337-3937
Colorectal	Colorado Colon & Rectal Lisa Perryman, MD Phone: 303-840-8822 Centura Colorectal Surgery John Sun, MD Phone: 303-320-0699	Orthopedics	Colorado Orthopedic Consultants Phone: (303) 695-6060 Panorama Orthopedics Phone: 303-233-1224 Centura Orthopedics Phone: 303-925-4750 Rocky Mountain Pediatric Orthopedics Phone: 303-861-2663
Dermatology	Advanced Dermatology Phone: 303-368-8611 Applied Dermatology Phone: 720-279-1388	Pain	MD Pain Phone: 303-536-1370 SpineOne Phone: (303) 500-8611 Advanced Orthopedics Phone: 303-344-9090 Colorado Pain Care Phone: 303-277-0700
Endocrine	Colorado Endocrinology (LiveNew) Phone:(303) 649-3115 Denver Endocrinology/Diabetes Phone: 303-321-2644	Physical Medicine & Rehab.	University of Colorado Heather Baer, MD Phone: 720-848-1980 Colorado Rehab and Occupational Medicine Phone: 303-341-0722
ENT	Rocky Mountain ENT Associates Phone: 303-750-8600	Plastic Surgery	Plastic and Reconstructive Surgery Phone: 303-232-8585 Schmidt Facial Plastic Surgery 720-443-2235
Fertility	Deborah Smith, MD Colorado Center for Reproductive Medicine Phone: 303-625-9134 Rocky Mountain Fertility Center Phone: 303-999-3877	Pulmonary	Critical Care Pulmonary Consultants Phone: 303-745-0000
Gastro-enterology	Colorado Gastroenterology Phone: 303-861-0 Rocky Mountain Gastroenterology Phone: 303-771-5535 Centura Gastroenterology Phone: 303-925-4720 South Denver Gastroenterology Phone: 303-788-8888 Colorado Pediatric Gastroenterology Jeffery Rosensweig, MD Phone: 303-830-9190	Renal	Colorado Kidney Care - Lone Tree Phone: 303-799-8760 Nephrology & Hypertension - Parker Phone: 303-697-1636 Denver Arthritis Clinic Phone: 303-394-2828
Gynecology	Stephanie Penrose, MD Phone: 303-797-7227 Esprit OB/GYN Center Phone: 303-788-6657 Pinnacle Women's' Health Spec. Phone: 303-840-8780	Rheumatology	The SleepWell Center Phone: 720-200-4884 Critical Care Pulmonary Consultants Phone: 303-745-0000
Hematology	Cypress Hematology-Sierra Bldg.	Surgery	Mountain View Surgical Assoc. Christine Rogness, MD Phone: 303-805-1855
Oncology	Nadine Mikhaeel, MD Phone: 303-269-4420 Rocky Mountain Cancer Centers Phone: 303-805-7744		
Infectious Disease	Rocky Mountain Infectious Disease Phone: 303-750-1800		

Implants **Richard Mouchantat, MD**
Phone: 303-232-8585

Urogynecology **Kathleen Connell, MD**
Phone: 720-848-2200

Urology **Alison Tate, MD**
Phone: 303-925-4638

Urology Associates
Jeffrey A. Snyder, MD
Phone: 303-733-8848

CHPG Urology-DTC
Shandra Wilson, MD
Jessica Harness, DO
Phone: 303-649-3710

University of Colorado
Nina Casanova, MD
Phone: 720-516-9425

Vascular **Colorado Cardiovascular Surgical Associates**
Phone: 303-778-6527

Vein **Specialized Vein Care**
Phone: 720-475-8750

Ancillary Services

Audiology **HearingLife in Parker**
Phone: 303-841-8818

Modern Audiology
Phone: 720-476-7132

Chiropractor **Murphy Family Chiropractic**
Phone: (720)-708-6890

Dentist **Richard Wallace, DDS**
Phone: 303-690-7778

Develop. **Legacy**
Phone: 303-841-4005

Diet **Nutrition Center of Colorado LLC**
Christine Patorniti, RD, CDE, MBA
Phone: 201-647-0907
email: NutritionCenterofCO@gmail.com

Genetics **Genetic -Melissa Gilstrap**
Phone: 303.269.4975

Home Health **Namaste**
Phone: 303-730-3578

At Home Healthcare
Phone: 303-369-7063

Imaging **Health Images-Southlands**
Phone: 303-341-7731

The Breast Care Center @ Parker
Phone: 303-269-4150

Invision Sally Jobe DTC
Phone: 720-493-3700

Centennial Hospital Radiology
Phone: 303-575-0055

Centennial Hospital Breast Care Center
Phone: 303-360-3770

Laboratory *Call Presken Family Care
one week after lab draw*

Quest Labs - questdiagnostics.com
- Safeway (Tower & Hampden)
Phone: 303-358-4641
- Parker Hospital
Phone: 303-805-0033

LabCorp - labcorp.com
- Walgreens (Smoky Hill Rd. & Aurora Pkwy)
Phone: 303-617-8438
- Parker Hospital
Phone: 303-987-5666

Optometrist **Darren Jones, OD**
Phone: 303-942-1370

Physical Therapy **Independent - Does Note Take Insurance: Back in Step Therapy**
Phone: 303-960-2075

Takes Insurance:
CACC (Several Locations)
Aurora – 303-680-6121

ProActive Physical Therapy
Phone: 303-680-1772

Podiatry **Podiatry Associates PC**
Phone: 303-805-5156

Centennial Foot and Ankle
Phone: 303-632-3668

Wound Care **Parker Adventist Hospital**
Phone: 303-269-2310

Mental Health

Psychiatry **Donald R. Jacobs, M.D.**
Phone: 303-796-9232

Colorado Psychiatry Center
Phone: 303-799-1600

Behavioral Health & Wellness
Phone: 720-282-8015

SonderMind – www.sondermind.com
Phone: 720-330-3713

Eating Disorders – Eating Recovery Center
Phone: 866-382-0074

24/7 Hotline **Crisis Hotline: 888-885-1222**

Behavioral Health & Wellness
Phone: 844-556-2012

Walk-In Clinic **791 Chambers Road, Aurora, CO 80011**
Phone: 303-617-2300

Counselors/Therapists **SonderMind** – www.sondermind.com
Phone: 720-330-3713

Denver Springs
Phone: 720-744-3813

All Health Network
Phone: 303-730-8858

Online Resources **Online Osteoporosis Exercises**
Videos by Carol Michael Fitness

Shoulder, Elbow & Knee Physical Therapy Exercises
Videos by Matthew Boes, MD

Bob & Brad – Online Physical Therapy
<https://www.bobandbrad.com/>